

# San News

DECEMBER 2021

A YEAR IN REVIEW



## Welcome to this special Christmas edition of San News.

In this edition we highlight some of the great work that's been happening around our Adventist HealthCare community over this past year.

Despite the ongoing COVID-19 situation throughout 2021, we have continued to live our mission as we care for the mind, body, and spirit of our patients, colleagues, community and ourselves, while keeping everyone as safe as possible.

This year has continued to present challenges. With increasing case numbers and the return of lockdowns and implementation of restrictions across the State, we again saw the cessation of both our elective surgery and of our volunteer team activities.

This also meant the reoccurrence of visitor restrictions across the Hospital. We want to thank our screening station staff who were on the front line of keeping our Hospital safe. We would also like to take this opportunity to thank the community for working with us during these restrictions; we know it is incredibly hard not being able to visit family and friends when they are in Hospital, but your understanding was so appreciated.

As we finally begin to see some normality come back to our lives, we are thankful for all we have learnt from the pandemic.

On behalf of the AHCL Executive team, we thank you for your continued support. We wish you all the blessed joys of this very special season. May your Christmas be blessed with the love and warmth of family and friends.

Executive team of  
Adventist HealthCare



Adventist HealthCare

THE SAN  
PLAYS ON



The nurses choir – the San Singers – in the early 1970s.  
Our new Yamaha piano keeps the San's music tradition alive!

## New Piano to bring Joy and Creativity

SAN FOUNDATION HAS SUPPORTED THE PURCHASE OF A NEW YAMAHA PIANO FOR THE HUB.

After more than a year of waiting, anyone around the reception area of the Hospital can now see and hear a beautiful new piano, spilling happy melodies into the retail area and beyond.

It is envisaged that the piano will be played by community youth taking music lessons in the nearby schools, as well as an army of volunteers and gifted staff. Visitors might also have a chance to tinkle the ivories.

The Yamaha CVP Series is a digital piano, with a wide variety of backing styles, including non-piano voices as well as band and orchestra accompaniment available in classical, jazz, pop and other genres. "This initiative is designed to inspire hope and wellbeing for the San community," said San Volunteer Manager Patrina McLean, who will manage the initiative with her team. "We are very grateful to the San Foundation for supporting this project and making it possible."



## New specialist nurse at the San

SYDNEY MEN WITH PROSTATE CANCER AND THEIR FAMILIES NOW HAVE IMPROVED ACCESS TO SPECIALISED SUPPORT, THANKS TO THE INTRODUCTION OF A NEW PROSTATE CANCER SPECIALIST NURSE AT THE SAN, LEVINA SAAD.

The Prostate Cancer Foundation of Australia's (PCFA) Specialist Nursing Service is working with local health care teams and the community to improve outcomes for men impacted by the disease.

PCFA CEO, Professor Jeff Dunn AO, said hundreds of men in the area would benefit, with about 16,700 Australian men newly diagnosed each year.

PCFA's Director of Nursing Programs, Sally Sara, said the new nurse would be a welcome addition to the nationwide Service.

"Sydney Adventist Hospital's commitment will vastly improve the support available to local men and families impacted by the disease, giving men much greater confidence that they can navigate the challenges of prostate cancer with all the support they need," she said.

Ms Saad said she was honoured to take up the role and be the first Prostate Cancer Specialist Nurse appointed in Sydney Adventist Hospital and funded by PCFA to support local men and their families impacted by prostate cancer.



## Remembering Wendy Wooller

WENDY WOOLLER JOINED SYDNEY ADVENTIST HOSPITAL IN 1971 AND FOR THE NEXT 39 YEARS AT THE SAN, PROGRESSED THROUGH A LONG CAREER DEDICATED TO THE NEEDS OF WOMEN AND CHILDREN UNTIL HER RETIREMENT IN 2010.

After graduating as a Registered Nurse and Midwife – and receiving an intensive care qualification – Wendy commenced employment at the San as a midwife. She later earned a Master of Nursing and became Supervisor of the Maternity Unit in 1975, guiding the San through its exponential growth of maternity services in the 1990s. She was appointed Director of Maternity and Support in 1996 and also held the position of Associate Nursing Executive Officer.

Wendy proved a highly competent manager, with her responsibilities encompassing maternity and women's health, paediatrics, diabetes education, nursing policy development, wardsmen, cannulation and sleep studies – including the introduction of Australia's first private dedicated Children's Sleep Disorders Unit at the San in 2001.

She was highly respected by obstetricians and paediatricians for her clinical skills and a great leader and mentor to the dozens of staff who worked alongside her. Known for her (at times) direct communication style, she kept her eye constantly on excellence, providing only the best care for patients. She embraced change, always willing to look at new approaches if they improved care.

A highly compassionate and fun-loving person, Wendy displayed generosity in recognising others' achievements, in celebrating birthdays and in empathising through difficult times. She is remembered as: "Salt of the earth, tenacious, fiercely loyal to her staff, compassionate and a wonderful friend to many."

Wendy relentlessly pursued her vision for excellence in maternity care and the commitment of the maternity team has been validated by the 2010 Press Ganey patient

survey results that rated San maternity as the best private hospital maternity in Australia in the over 300 beds category.

Wendy was very involved in helping to upgrade the San's original 14-bed maternity unit in 1990, liaising with architects and builders to see the project through. Later, she was a key part of the ongoing effort to create the new Maternity, Women's Health and Children's Unit that finally came to fruition in 2014, four years after she retired.

Located on Level 11 of the impressive 12-storey Clark Tower, the new unit was named after Wendy. Attending the launch, she said: "The unit is absolutely fantastic. It is better than I could have imagined. The patients are going to love it, and so will the staff."

The new unit includes 56 architecturally designed private rooms and ensuites, partner accommodation, a nine-room birthing unit, two birthing baths, a well-baby and special care nurseries and spectacular bushland views to the city.

Wendy loved her time at the San, reflecting on the privilege she felt to have worked with the Hospital's wonderful midwives, nurse unit managers, obstetricians and paediatricians. She spoke of the joy each and every time she saw a baby take its first breath over her four-decade career.

Wendy was a much-valued and much-loved part of the San's outstanding maternity care and delivery of thousands of babies. She passed away peacefully in her sleep in August 2021. She leaves a wonderful legacy at the San and will be missed by many.







PATIENT-FOCUSED IN EVERY WAY:

## Does the newly launched San Breast Care have it all?

SAN BREAST CARE HAS BEEN DESIGNED TO ACHIEVE AN OUTSTANDING BALANCE BETWEEN BEING A HIGH-VOLUME CENTRE WITH ADVANCED TECHNOLOGY AND TREATING EACH AND EVERY PATIENT WITH UNIQUE, INDIVIDUALISED CARE.

In 2020, for the third consecutive year, the San's Integrated Cancer Centre achieved some of the highest ratings in the Bureau of Health Information patient survey, conducted in partnership with the Cancer Institute of NSW.

The care provided by our breast team played a major role in receiving these outstanding results and recognition. This track record of outstanding care is the foundation for San Breast Care.

San Breast Care is the culmination of years of experience, teamwork and constant innovation that brings together all the elements of a truly integrated and multidisciplinary service, including state-of-the-art imaging, a full range of high-quality surgical and reconstructive services, comprehensive medical oncology services, expert onsite cancer genetics, the most up-to-date radiation oncology technology and techniques, clinical trials and extensive cancer support services.

San Breast Care Imaging opened in July 2021 after significant renovation of the facility and installation of the best imaging equipment available. These upgrades, together with service enhancements to streamline care and optimise support for patients, enable the team at the San to deliver world-class individualised care.

Associate Professor Michael Hughes, Clinical Director of Surgical Services at the San, and long-standing chair of the San Breast Multidisciplinary Team (MDT) says that San Breast Care has all the qualities to make it one of the best breast care services in the country.

"Our success comes in part from being a high-volume service, which is known to achieve better clinical outcomes for patients,"

said Professor Hughes. "At the same time, the service is anything but a 'factory'. Everyone who comes under our care is treated as an individual, and every case is looked at as unique by a group of very experienced specialists.

"Consistent with the San's larger Integrated Cancer Care model, San Breast Care has all the ingredients for outstanding care located in a single institution. The result is a very patient-centred model run by a hugely empathetic, experienced and collaborative team of health professionals."

San Breast Care will enable patients and their GPs to get rapid access to diagnostic assessment and specialist consultation.

Radiation oncologist and breast cancer specialist Professor John Boyages who practices at Icon Cancer Centre on-site at the San says that San Breast Care is unique in bringing together dedicated caring staff in a 'one-stop-shop' centre of excellence where the patient always comes first.

"Patients seek my opinion from rural or regional NSW, interstate and the Asia-Pacific and are amazed at the sophistication and depth of our team," said Professor Boyages, who has more than 35 years of experience in breast cancer care both in Australia and overseas, and was a pioneer of MDT in Australia.

"San Breast Care is also one of the best resourced centres in the world with investment in nurse navigators in surgery and imaging. The fortnightly MDT meeting is the best I've seen and I'm very proud to be part of it. And having on-site accommodation with support services is greatly appreciated by our patients."

### Multidisciplinary teams: Optimising outcomes

The many facets of breast care at the San are held together by the Hospital's robust multidisciplinary team (MDT) approach and its commitment to treating each patient collaboratively with all the available and relevant information to advise on the optimal treatment approach. First established almost 20 years ago, with support from the NSW Cancer Institute, MDTs at the San meet regularly and are made up of representatives from all the relevant specialities and support services.

"Our meeting space has a circular design, lending itself to discussion and collegiality," says Professor Hughes, who chairs the Breast Cancer MDT. "Every patient discussed is entered into a database that allows us to easily measure outcomes and performance. At any given meeting, we have around 6 or 7 breast surgeons, 3 or 4 radiation oncologists, 2 or 3 medical oncologists, breast care nurses, nuclear medicine physicians, pathologists, radiologists, allied health workers including lymphoedema practitioners and a genetics oncologist and the all-important patient navigators. Occasionally, pharmacy joins us, too.

"It's a superb meeting with superb technology underpinning it. We discuss every patient and there is a wide range of input. Care plans are written in both the context of clinical information and also in consideration of the whole person. We take the time needed to discuss the nuances, subtleties and complexities of a patient's diagnosis."

This shared discussion and excellent communication amongst a patient's team means that decisions are not made in isolation. A good body of evidence now shows that MDT collaboration results in better health outcomes and this is a major contributing factor to the San's high-quality service.

*At its core, the breast cancer service is about the people. Highly committed San staff want patients to have a positive experience with positive outcomes. This means that every point of contact with a patient is supportive and positive.*

*In the hands of highly skilled breast-specialist radiologists, with robust multidisciplinary team care and extensive support services, San Breast Care is unequivocally of an international standard. For the women of New South Wales to have access to a high-volume centre that simultaneously treats every case as unique is a point of pride for the outstanding senior clinicians who treat them and for the broader community.*

### Specialists in Breast Imaging

Breast imaging is often the point of entry into a cancer service and can be the most distressing time for a patient. Because of this, says Associate Professor Gavin Marx, San radiologists have a very caring and empathetic approach, and the patient always comes first.

"San Breast Care has a dedicated breast imaging and assessment service that has a broad scope – from assessing asymptomatic women who want thorough review through to those diagnosed with breast cancer," said Professor Marx. "Because it's a dedicated service, the radiologists are specialists in breast radiology. Everyone is highly experienced in this area of breast health."

As one example, the recent acquisition of state-of-the-art imaging and diagnostic equipment now sees the San offer – amongst other things – 3D tomosynthesis imaging, contrast mammography and MRI-guided biopsy, as well as short-sequence MRI imaging (to make the procedure quicker and more comfortable) and plans to integrate AI software into mammography.

## Newsweek Cancer Centre



SYDNEY ADVENTIST HOSPITAL RANKED ONE OF THE WORLD'S TOP HOSPITALS FOR ONCOLOGY IN NEWSWEEK 2022 SURVEY.

The Newsweek ranking features the top 250 hospitals for cardiology and oncology, the top 150 for cardiac surgery and paediatrics and the top 125 each in endocrinology, gastroenterology, orthopaedics, neurology, neurosurgery and pulmonology.

The research included 25 countries and was conducted by market research company Statista in partnership with Newsweek. Data was gathered from three sources: recommendations by doctors via an online survey from the 25 countries; publicly available patient satisfaction survey results; and publicly available medical KPIs on hospitals.

Associate Professor Gavin Marx, Clinical Director, San Integrated Cancer Centre, said that the Hospital is delighted with the news.

"Over many years, we have developed a high-volume cancer service at the San that incorporates the use of advanced technology with an extremely empathetic approach that treats each patient with unique, individualised care," he said.

To provide patients with novel medical therapies, the Centre's Clinical Trials Unit participates in international trials in breast, colorectal, prostate, melanoma and other cancers.

The Hospital is also known for its highly engaged patient navigators, who support patients at every point during their time with the San.







## Bobbin Head Cycle Classic 2022

SYDNEY ADVENTIST HOSPITAL IS AGAIN SPONSORING THE BOBBIN HEAD CYCLE CLASSIC FOR 2022.

All staff, doctors, and their families are welcome to join the San Cyclist's team. The 2022 ride will be held on Sunday 27th March 2022. Start your training everyone! More details are to be circulated soon.



## San Gifts is back open for business!

OUR SAN GIFTS GIFT SHOP HAS REOPENED. THEY ARE SO EXCITED TO BE ABLE TO OFFER OUR BEAUTIFUL RANGE OF GIFTWARE TO THE SAN'S STAFF, DOCTORS, VOLUNTEERS AND OUR COMMUNITY.

San Gifts are COVIDSafe and have a specific QR code that all customers are required to scan on entry. Please also be ready to show vaccination status. The stores first few weeks of opening have had wonderful engagement and

it has been so lovely seeing the foot traffic back at the Hospital.

San Gifts current opening hours are Monday to Thursday 8am - 8pm and Friday 8am - 4 pm. These

will be the opening hours up to the 24th of December. The shop will close from the 25th of December until 16th of January 2022. San Gifts will reopen on the 17th of January with 8am to 4pm opening hours for the month of January.



## San nurse supports NSW Health in Bourke



SAN NURSE TIM WILLIAMS, WHO WORKS IN THEATRES AT THE SAN, OFFERED TO HELP SUPPORT NSW HEALTH BY TRAVELLING MORE THAN 750KM AWAY FROM HOME TO WORK AT A HOSPITAL IN BOURKE THAT NEEDED SOME EXTRA ASSISTANCE.

Tim says when the opportunity came up, he thought to himself "why not!" and was keen for a new experience.

He began at Bourke District Hospital in September and described his first few days as pretty hectic. Tim went on to explain the major differences he was experiencing coming from the San, being NSW largest private Hospital with over 700 beds to Bourke's central hospital that holds just 30 beds.

While Tim got used to the differences he says "all the staff have been very welcoming. They're all really lovely."

This wasn't the first time Tim had stepped up to help NSW Health during the COVID-19 crisis. He first spent several weeks administering vaccinations at Qudos Bank Arena Vaccination Centre with a group of other San nurses.

The San is proud to have nursing staff so dedicated to helping their community!

## Congratulations, Dr Leon Clark



ADVENTIST HEALTHCARE LIMITED'S FORMER CEO AND PAST CHAIR OF THE SAN FOUNDATION DR LEON CLARK HAS BEEN MADE A MEMBER OF THE ORDER OF AUSTRALIA FOR HIS SIGNIFICANT SERVICES TO MEDICAL ADMINISTRATION AND HEALTHCARE DELIVERY.

At the Queen's Birthday 2021 Honours Awards, the man who oversaw some of the largest redevelopments in the history of the Sydney Adventist Hospital was honoured with an AM award.

Dr Leon Clark's career as a doctor began in 1968. He developed and ran a successful IVF program in Newcastle prior to relocating to Sydney. Dr Clark came to the San in 1991 as Medical Executive Officer and was later appointed CEO – a position he held for 13 years.

He was instrumental in broadening patient access to private hospitals during his 10 years as a director and two years as president of the Australian Private Hospitals Association, including the 35% Federal Government subsidy for health fund membership introduced in 1999. This and other measures resulted in an increase in fund membership from 30% to 48% of the Australian adult population.

A pioneer of services in the private hospital sector, Dr Clark oversaw the opening of the Hospital's Emergency Department, which was preceded by establishing an Intensive Care Unit with full-time contracted specialist intensivists.

"The goal in opening an ED in a private hospital was to more appropriately serve our community," explained Dr Clark. "For us, that included very ill patients and so being able to take acute patients into our care became a necessity for us."

Under his watch, multidisciplinary teams (MDTs) became a new approach to cancer care, with a multidisciplinary cancer centre integrated into the hospital environment to provide patients with seamless service and care. He saw huge technological improvements during his time, including the San's first MRI acquisition.

Dr Clark is perhaps best remembered for the \$200 million redevelopment that commenced in 2011 and featured a clinical education centre, new maternity and intensive care units, and the purpose-built San Integrated Cancer Centre.

Dr Clark said managing the process of change required to bring the hospital into the 21st century was the most challenging aspect of his 13 years as CEO and the most satisfying. He says heading up the San Foundation, which assisted in raising more than \$35 million for the Hospital while he was chair, has also been a very rewarding experience.

"Although I have now retired as chair, our capital campaign to raise \$20 million while I was part of the foundation really connected the hospital to influential people and organisations, and helped to reinforce our excellent reputation," he said.

Today, he's proud of his long association with the hospital and heartened to see it continue to flourish with outstanding leadership and support. He remains on two Ministry of Health boards and is retired, enjoying life on the Central Coast with his wife, Jan.

"Now that I'm not working 60 hours a week, somehow I remain busy," Dr Clark said. "I'm still involved in quality and safety in healthcare and I'm on the board of MEDI-AID Centre Foundation, which was established by Dr John Knight (aka Dr James Wright) and helps elderly people in financial need by providing housing or medical assistance."

On winning the award, he says he's very proud but admits he's still "taking it all in."

Current CEO of AHCL, Mr Brett Goods congratulated his predecessor.

"It's a fitting tribute to a visionary leader," said Mr Goods. "Leon transformed our healthcare precinct, expanding our hospital to become New South Wales' largest private facility offering some of the most state-of-the-art services available. He is a most worthy recipient of an AM."







## How the San Foundation Contributes to Excellence

GENEROUS DONORS TO THE SAN FOUNDATION MAKE MANY THINGS POSSIBLE, WITH CANCER CARE ONE OF THEIR STRONGEST AREAS OF SUPPORT.

One of the San Foundation's most recent and significant contributions was in the order of \$1 million to the Hospital's upgraded breast cancer screening service. The support was made possible by a former patient who wanted to express gratitude for the cancer care they received.

Karen Gair, Managing Director of the San Foundation, says that this feeling amongst donors is common. "Most of our donors have had a good experience at the Hospital, lost someone or spent time here supporting a family member," she said.

"People feel so grateful for the support they received that they want to contribute in some way, and in so they turn to the Foundation. We are incredibly grateful for their support. They are the reason that we can provide equipment, resources and education that lifts the San from being a very good hospital to a great hospital."

The recent cancer funding supported the upgrade of the existing breast imaging space to enhance how women (and men) are cared for at a time when a cancer diagnosis is often made. New state-of-the-art contrast-enhanced mammography along with the immediate response by a team of people in a friendly and caring environment has led to a best practice bespoke service.

Many aspects of the Hospital's outstanding cancer centre are a product of San Foundation's work. The amazing MDT room, the database for MDT management and elements of the clinical trials unit, for example, were all supported by the Foundation.

"To augment the brilliant clinical work, specialists and technology, we have supported Jacaranda Lodge and counselling services," said Ms Gair. "Patient navigators, based on the McGrath Foundation model, are also funded by the Foundation and we know that they provide an invaluable role in supporting patients."

"Especially for cancer care, the Foundation makes the difference between just fixing someone and actually looking after them, mind and body. This strategy pays off. The San was listed amongst the world's top hospitals in oncology in the Newsweek 2021 survey, and our Integrated Cancer Centre has achieved some of the highest ratings in the Bureau of Health Information patient survey for four years in a row."

In other projects, to address the current shortage of nurses, the Foundation is supporting nursing scholarships. Seven full and two partial scholarships for staff in ICU, CCU and EC have just been awarded. The San is expecting close to 100 nurses from Avondale University, and the Foundation will fund extra nurses to shadow and educate their early career colleagues.

"A wonderful supporter has donated half a million dollars, and we are complementing this with a broader campaign for the scholarships," Ms Gair explained. "Just in the last few weeks, we have seen an incredible response from the broader community. In fact, the fundraising appeal is one of the strongest we have ever had." A new spyglass cholangioscope is also about to arrive, making the San the only NSW private hospital to have this advanced scope that can visualise hard to access areas and assist with early detection of upper GI tumours in the bile and pancreatic ducts.

Supporters also gave generously to an appeal earlier this year for surgical laser equipment to perform a delicate middle ear procedure that can treat loss of hearing. The investment, like others, ensures that the San remains at the forefront of technological advances. One of the most wide-reaching hospital needs San Foundation is supporting this year is the new patient monitoring telemetry system, which will be rolled out progressively across the hospital – thanks to the generosity of our grateful patients and community.



IN THE RIGHT PLACE AT THE RIGHT TIME

## Beverley Sindel remembers her time at The San

MORE THAN FIVE DECADES AGO, BEVERLEY SINDEL TRAINED AS A NURSE. THIS YEAR, SHE LEAVES THE SAN AFTER WORKING FOR THE PAST 20 YEARS AS A SURGICAL ADMISSIONS NURSE AND – UNEXPECTEDLY – SPENDING A SHORT TIME AS A CARDIAC PATIENT.

After training as a Registered Nurse in 1964, Beverley worked in a variety of different surgical and medical nursing roles, including a stint as a district nurse. She kept up her registration for 54 straight years.

She was appointed by Glenys Chapman in 2000 as part of the San Day Surgery team and has stayed with the Surgical Centre team ever since, moving from the old DOSAC quarters to what is now the Chapman Surgical Centre.

For Beverley, her time at the San stands out as the highlight of her long career. Even though she worked in surgical centre nursing for so long, her work has been varied. Above all, the patients have made her work meaningful.

"All patients going for surgery are seen by our team," says Beverley. "It was a real privilege meet them and to be part of helping them through a difficult time. As nurses, we have a chance at the beginning of a patient's journey, when they are admitted for surgery, to hopefully send them on a good journey. Then we see day patients after recovery for their post-op care."

"My colleagues in the Surgical Centre feel like family. We all get on very well and the people I work with really care. They really try to do the best for each patient. The Hospital feels like my second home."

"Here I am at 76 and still working three days a week until very recently. I couldn't leave because I loved it so much. There has never been a day when I have not wanted to go to work."

Last year, Beverley found herself unexpectedly in the position of a patient. It was a normal Monday, while admitting a patient, that she suddenly felt severe central chest pain. She went straight to her Nurse Unit Manager, Rennie Woodman, who immediately arranged for her to be seen in Emergency Care. A CT showed a life-threatening aortic arch dissection.

"The head of radiology delivered the news to me," remembers Beverley. "I was taken up to pre-op holding, where I met anaesthetist Dr Stephen Llewellyn. I had emergency open heart surgery that lasted seven and a half hours with Professor Tristan Yan. I spent four days in ICU and then was on the cardiac ward for another 12 days."

"I got to experience how wonderful the San doctors and nurses really are and I am just so grateful that I was in the right place at the right time when I needed emergency, high-quality care."

"I have had more dissections since that first event – all due to high blood pressure that was difficult to control. I've had further vascular surgery, and I'm on medications that are helping to manage it. I'm finally retiring as I really need to put my health first. I want to spend time with my husband, four children and six grandchildren, as family means everything to me."





## Artificial intelligence monitoring patient deterioration proves superior to other early warning systems

IN AN AUSTRALIAN FIRST, TWO DOCTORS AT SYDNEY ADVENTIST HOSPITAL HAVE DEVELOPED A SMART, TREND-BASED EARLY WARNING SCORE THAT CAN BE INTEGRATED WITH A HOSPITAL ELECTRONIC MEDICAL RECORD TO EFFECTIVELY PREDICT PATIENT DETERIORATION.

A new trend-based early warning system using machine learning is proving more effective than current systems used in New South Wales hospitals in predicting patient deterioration.

A few years ago, Dr Levi Bassin and Dr David Bell combined their background in cardiothoracic surgery with their respective degrees in computer science and mathematics when they became interested in developing an algorithm that could improve on the existing Early Warning Score system used in NSW public hospitals to detect patient deterioration, known as 'Between The Flags'.

"When we looked back overpatient observation data, we could see that there were trends in patient deterioration that were not raising alerts," explained Dr Bassin, who completed a fellowship at Harvard Medical School and is trained in advanced minimally invasive heart procedures. "This was particularly true at night when fewer staff are on duty. David and I, who both come from a computer modelling background, set out to build a model using machine learning that could pick up a deteriorating trend earlier."

Dr Bassin and Dr Bell developed the smart system – the Ainsoff Index – in collaboration with Information Services and clinical teams at Sydney Adventist Hospital. Their health analytics company was recently acquired by Beamtree Holdings, which will facilitate widespread adoption of the Ainsoff Index.

Sydney Adventist Hospital was the first hospital in Australia to implement this system running in real time for every patient, where the Ainsoff Index has been integrated into the electronic medical record.

It allows any staff member coming onto a ward to see an overview of all patients and so any member of the clinical staff can determine in seconds whether a patient is at risk of deterioration. Staff can quickly be allocated accordingly, with a senior staff member going immediately to care for sicker patients.

There is no additional work required for staff with all data coming from standard patient observations, providing better insight for the existing staff as to where to focus their attention first.



## San Clinic is now on the Northern Beaches

**ADVENTIST HEALTHCARE (AHCL) IS PROUD TO ANNOUNCE THAT WE ARE BROADENING OUR HORIZONS AND BRINGING OUR SPECIALIST SERVICES TO THE NORTHERN BEACHES.**

Mona Vale San Clinic will bring our leading specialists to your community. The clinic will provide a fast access pathway for Northern Beaches residents to access high-quality private health care at Sydney Adventist Hospital – the state's largest and most established private hospital.

The San – as it is fondly known – has a long history of serving patients in the Northern Beaches, offering world-class services, the very best sub-specialised expertise, state of the art technology and facilities, and an outstanding service culture. As well as providing a comprehensive range of acute medical, surgical, diagnostic and

support services, our emphasis on wellness ensures we take a holistic approach to patient care.

The rooms service various specialists, including Cardiologists, Orthopaedic Surgeons, General Surgeons and Colorectal Surgeons. As well as bringing our leading clinicians to your region, we are also partnering with Ultrasound Care Australia and opening a second San Ultrasound for Women scanning location in the same rooms. San Ultrasound for Women provides diagnostic imaging services for women of all ages and specialises in obstetric and gynaecological ultrasound and prenatal diagnosis.

### Why are we doing this?

Our hospital's mission is to care for the body, mind and spirit of our patients and the more people we can offer this support to, the better we can serve our mission.

### Doctors consulting in the Mona Vale San Clinic suite include:

Specialist	Specialty	Contact
Grant Shalaby	Cardiology	9194 5000
Jason Sharp	Cardiology	9194 5000
Graham Tanswell	Cardiology	9194 5000
Dennis Wang	Cardiology	9194 5000
Craig Lynch	Colorectal	8921 9188
Sandra Krishnan	General / Breast	9467 5400
Walid Barto	General / Colorectal	9480 4258
Assad Zahid	General / Colorectal	9480 4258
Jun Nagamori	Orthopaedics	9806 3333

List current as at October 2021.



## An update from Dietetics, Food Services and SanCafe

THERE HAVE BEEN SOME EXCITING AND INNOVATIVE CHANGES THAT HAVE TAKEN PLACE ACROSS THE SAN'S DIETETICS, FOOD SERVICES AND SANCAFE DEPARTMENTS OVER THE LAST FEW MONTHS.

One change in the making is the introduction of the "Patient Meal App", which allows patients to order their meal selection from their mobile device. This initiative improves patient engagement in their nutritional care, improves efficiency and also contributes to environmental sustainability with less paper and printer ink usage.

Likewise, SanCafe customers can now access to the SanCafe App, where you can beat the queue and order drinks from your PC or mobile device, then receive a text when your order is ready for pick up. You can use the online loyalty system to collect points and try out our new range of refreshing real fruit frappes, shakes and iced teas ready for summer.

More than ever our departments are conscious of food wastage and environmental sustainability. This is why we are delighted to share that we will be doing some work with Oz Harvest, Australia's leading food rescue organisation devoted to reducing food wastage and helping vulnerable communities.

We also wish to shine a light on the incredible hard work and dedication to patient care that the Dietetics department has shown in completing the extremely successful Malnutrition Project. This project focuses on excellence in nutritional care for those patients 'at risk' or diagnosed with malnutrition and could not have been so successful without the help from Medical Records, Patient Services and also Information Systems. The San's Food Service team continues to introduce new menu items to patients and the SanCafe, and are motivated by the positive patient and customer feedback received.

## Adventist HealthCare Board Chairman Pastor Glenn Townend has shared his annual Christmas message.

[Click here to watch](#)

